

Srinivas Institute of Medical Sciences and Research Centre

Foundation Course Time Table 2019

Sl. No	Content	No. of Hours	Coordinator
1	Orientation	30	Dean and Pre- Clinical Faculty Members
2	Skills Module	35	Faculty Members
3	Field visit to community health centre	8	Community Medicine Faculty Members
4	Professional Development including ethics	40	Medicine, MEU and Forensic Medicine Faculty Members
5	Sports and Extracurricular activities (ECA)	14 - Sports	Physical Director
		08 – ECA	Physical Director
6	Enhancement of language/ computer skills	40	Computer Specialist and Language Professionals
Total Hours		178	

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1 st Week						
Time	August - 1	August - 2	August - 3	August - 5	August - 6	August - 7
09:00 - 10:00	Introduction and Ice Breaking (MEU)	Introduction to Medical ethics (VJB)	Academic Ambience (Vishrutha KV)	Immunization requirements of health care professionals (Dr Sharanya, Com Med)	Inter-personal relationship (Dr Manu, Psychiatry)	Proper hand washing technique (Dr Aravind Nayak, Surgery)
10:00 - 11:00	Medical Student Learning objectives (Rashmi Bhat)	Commitment to lifelong learning as an important part of physician's growth (Dr Srikar, General Medicine)	History of Medicine (MRS M Pai)	Medical research (Dr Raghu, Pharmacology)		Documentation and medical records (VJB)
11:00 - 12:00	Professional qualities and roles of a physician (Sangeetha J)	Physician's role and responsibility to society and community (Dr Suresh, General Medicine)	Mentorship program (MENTORS)	Bio-safety/ Needle prick injuries (Dr Rajeshwari, Microbiology)	Kannada-Varnamala	Spoken Kannada
12:00 - 01:00	Expectations of Medical doctors from society (Dr Anitha Sequeira General Medicine)	Expectations from doctors by society (Dr Halappanavar, Com Med)				
01:00 - 02:00	LUNCH BREAK					
02.00 - 03.00	Gendersensitivity in medical profession (VJB)	National Health Programs (Dr Radhe, Com Med)		Sports	Computer Lab Operating a computer/ laptop	Computer Lab Operating a computer/ laptop
03.00 - 04.00	Health care system in India (Dr Diganth, Com Med)	Time and Stress management (Mithun S, Psychiatry)				
04.00 - 05.00						

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2 nd Week								
Time	August - 8	August - 9	August - 10	August - 13	August -14	August -16		
09:00 - 10:00	Biomedical waste management (Dr Vijaya, Microbiology)	Students involvement in Research-ICMR STS (Dr Edwin, Pediatrics)	Field visit to PHC/ CHC (Dr Sowndarya, Com Med)	Self-Directed Learning (VKV)	BLS/ First Aid (Anaesthesia and Pediatrics)	BLS/ First Aid (Anaesthesia and Pediatrics)		
10:00 - 11:00		Spoken Kannada						
11:00 - 12:00	Spoken Kannada	English Grammar	Sports	Spoken English				
12:00 - 01:00								
01:00 - 02:00	LUNCH BREAK							
02:00 - 03:00	Computer Lab Creating documents	Learning pedagogy (VR)	Computer lab Creating presentations	Computer Skills Creating presentations			Community based Learning (Dr Diganth, Com Med)	
03:00 - 04:00		Indoor sports			Indoor sports			
04:00 - 05:00								

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3 rd Week					
Time	August -17	August -19	August -20	August -21	August -22
09:00 - 10:00	Field visit to PHC/ CHC (Dr Radhe, Com Med)	Learning from patients and other members of healthcare team (Dr Jaya Prakash, General Medicine)	Concept of professionalism Consequences of unethical & unprofessional behaviour (VJB)	Value of integrity, honesty and respect in medical Profession (SJ)	Animal Ethics (MSRM PAI)
10:00 - 11:00				Institution Ethical Committee of four institute (Mithun S, Psychiatry)	Anti-ragging guidelines and introduction to anti-ragging committee of our institute (VJB)
11:00 - 12:00	Sports	Communication with patients and families (Mithun S, Psychiatry)	Team work in medical profession (Dr Adil, Plastic Surgery)	Obtaining patient consent (VJB)	
12:00 - 01:00					
01:00 - 02:00	LUNCH BREAK				
02:00 - 03:00		Learning strategies (MRSM PAI)	Peer assisted learning (VR)	Computer Lab Internet browsing	Computer lab Internet browsing
03:00 - 04:00		Sports	Sports		
04:00 - 05:00					

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4 th Week						
Time	August -23	August -24	August -26	August -27	August -28	August -29
09:00 - 10:00	Professional behaviour (Dr Adithya Shetty, General Medicine)	Field visit to PHC/ CHC (Dr Sharanya, Com Med)	How to behave with your superiors (MRSM Pai)	Importance of attendance (Dr Radhika, Biochemistry)	Assessment driven learning (SJ)	How to perform better in exams? (MEU)
10:00 - 11:00			Rights of a doctor and etiquettes (Dr V P Singh, MS)	Experience sharing by seniors How do they learn? (Senior Students)	Simulation based learning (Dr Jameela, OBG)	Role modelling (Dr Karanth, Anaesthesia)
11:00 - 12:00	Maintaining confidentiality (VJB)		Privileged communication in medical ethics (Dr Shobitha, PTCd)	Personal Grooming- Self care (Dr V P Singh, MS)	Evidence based medicine (Mithun S, Psychiatry)	Video Reflections (MEU)
12:00 - 01:00			What it means to be a medical student (Dr Lovely, Pathology)	Book Exhibition (PUBLISHERS)		
01:00 - 02:00	LUNCH BREAK					
02.00 - 03.00	Online learning (e-learning) (SJ)	Extracurricular Activities (Sports Department)	Computer lab Research oriented browsing: search engines	Group learning (Rashmi Bhat)	Maintaining a diary & portfolio management (VJB)	Feedback of foundation course and reflective writing (MEU)
03.00 - 04.00				Sports		
04.00 - 05.00						

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Foundation Course Time Table 2019

Time	August - 30	August -31
09:00 - 10:00	Orientation Programme & White coat ceremony (Management, Dean & Faculty)	Campus visit (Pre-Clinical Faculty)
10:00 - 11:00		
11:00 - 12:00	Introduction to Library/IT/ Academic Departments (Pre-Clinical Faculty)	Hospital visit (Pre-Clinical Faculty)
12:00 - 01:00	Introduction to 1 st year Departments Anatomy: 11:00am to 11:30am Physiology: 11:30am to 12:00 noon Biochemistry: 12:00noon to 12:30pm Community Medicine: 12:30pm to 01:00pm (Concerned Departments)	
01:00 – 02:00	LUNCH BREAK	
02.00 - 03.00	Introduction to the 1 year MBBS Program (Heads of Pre-clinical Departments)	
03.00 - 04.00		
04.00 - 05.00	Sports	