

**Srinivas Institute Of Medical Sciences And Research Centre**

**Foundation Course Time Table - Draft**

<b>Sr. No</b>	<b>Subject/content</b>	<b>Hours</b>	<b>Coordinator</b>	<b>Remarks</b>
1	Orientation	30	Faculty Member	Conducted in 1 <sup>st</sup> week of foundation course only
2	Skills Module	35	Faculty Member	First Aid, BLS, Learning skill, communication skill, Bio safety and bio hazards
3	Field visit to community health centre	8	Faculty Member	Will be finalized by CM Department
4	Professional Development including ethics	40	Faculty Member	Part of AETCOM - Cadaveric ceremony and Research can be added
5	Sports and Extracurricular activities (ECA)	14 - Sports	Faculty Member	2 Hrs ECA and 4 Hrs SA per week for 4 weeks (Last two Hrs of Wed, Fri, Sat)
		08 – ECA	Faculty Member	
6	Enhancement of language/ computer skills	40	Faculty Member	To be outsourced (CCC/CCC+) Language?
Total Hours		178		

\* These sessions must be as interactive as possible.

\* The Foundation Course will have compulsory 75% attendance. This will be certified by the Dean of the college.

\* The time committed for the Foundation Course may not be used for any other curricular activity.

\* Topics covered (sources): MCI-CISP Document, Premier and renowned institute of India (e.g. AIIMS, JIPMER and Others), few topics were selected based on institutional need.

\* **Evaluation (Process & Product):** Program effectiveness questionnaire from faculty and students & reflections from the students

\* **Reporting:** The Curriculum Committee will submit the schedule and report shall forward the same to NC/RC within two weeks of the last day of the Foundation Course.

\* Total days – 27; 39 Hours per week; timing from 9-5 (Mon-Fri) and 9-1 (Sat); Changes in Time Table are subject to exigencies.

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<b>1<sup>st</sup> Week (Orientation week)</b>						
<b>Time</b>	<b>August -1</b>	<b>August - 2</b>	<b>August - 3</b>	<b>August - 5</b>	<b>August - 6</b>	<b>August - 7</b>
09:00 - 10:00	Campus - Hostel allocation College & Hospital visit	Welcome speech by Dean and Director Ice breaking (All 4 HODs)	Medical Student Learning objectives	Introduction to Medical ethics	Academic Ambience	Immunisation requirements of health care professionals
10:00 - 11:00		Introduction to Library/IT/ Academic Departments	Professional qualities and roles of a physician	Commitment to lifelong learning as an important part of physician's growth	History of Medicine	Medical research
11:00 - 12:00		Introduction to 1 <sup>st</sup> year Departments Anatomy: 11:00 to 11:30 Physiology: 11:30 to 12:00 Biochemistry: 12:00 to 12:30 P & SM: 12:30 to 13:00	Expectations of Medical doctors from society	Physician's role and responsibility to society and community	Mentorship program	Sports
12:00 - 01:00			Gendersensitivity in medical profession	Expectations from doctors by society		
01:00 - 02:00	<b>LUNCH BREAK</b>					
02.00 - 03.00	(White coat ceremony)	Introduction to the MBBS Program	Health care system in India	National Health Programs	Bio-safety/ Needle prick injuries	
03.00 - 04.00		Group dynamics	Indoor sports	Time and Stress management	Sports	
04.00 - 05.00						

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<b>2<sup>nd</sup> Week</b>						
<b>Time</b>	<b>August - 9</b>	<b>August - 10</b>	<b>August - 12</b>	<b>August - 13</b>	<b>August - 14</b>	<b>August - 16</b>
09:00 - 10:00	Inter-personal relationship	Proper hand washing technique	Biomedical waste management	Students involvement in Research ICMR STS	Self Directed Learning	Field visit to PHC/ CHC
10:00 - 11:00		Documentation and medical records				
11:00 - 12:00	Kannada	Kannada	Kannada	English	English	Sports
12:00 - 01:00						
01:00 - 02:00	<b>LUNCH BREAK</b>					
02.00 - 03.00	Computer Lab	Computer Lab	Learning pedagogy	Computer Lab	Learning strategies	
03.00 - 04.00			Indoor sports		Sports	
04.00 - 05.00						

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<b>Time</b>	<b>August -17</b>	<b>August -19</b>	<b>August -20</b>	<b>August -21</b>	<b>August -22</b>
09:00 - 10:00	BLS/ First Aid	Cadaveric Ceremony	Concept of professionalism Consequences of unethical & unprofessional behaviour	Learning from patients and other members of health care team	Field visit to PHC/ CHC
10:00 - 11:00			Team work in medical profession	Communication with patients and families	
11:00 - 12:00					
12:00 - 01:00					
01:00 - 02:00					
02:00 - 03:00	Computer Skills	Community based learning	Computer lab	Peer assisted learning	
03:00 - 04:00		Indoor sports		Sports	
04:00 - 05:00					

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<b>4<sup>th</sup> Week</b>						
<b>Time</b>	<b>August -23</b>	<b>August -24</b>	<b>August -26</b>	<b>August -27</b>	<b>August -28</b>	<b>August -29</b>
09:00 - 10:00	Value of integrity, honesty and respect in medical profession	Animal Ethics	Professional behaviour	How to behave with your superiors	Importance of attendance	Field visit to PHC/ CHC
10:00 - 11:00	Institution Ethical Committee of our institute	Anti-ragging guidelines and introduction to anti-ragging committee of our institute		Rights of a doctor and MCI etiquettes	Experience sharing by seniors How do they learn?	
11:00 - 12:00	Obtaining patient consent		Maintaining confidentiality	Privileged communication in medical ethics	Personal Grooming- Self care	
12:00 - 01:00		What it means to be a medical student		Book Exhibition		
01:00 - 02:00	<b>LUNCH BREAK</b>					
02.00 - 03.00	Computer Lab	Computer lab	Online learning (e-learning)	Computer lab	Group learning	
03.00 - 04.00			ECA		Sports	
04.00 - 05.00						

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<b>Time</b>	<b>August -30</b>	<b>August -31</b>
09:00 - 10:00	Assessment driven learning	How to perform better in exams?
10:00 - 11:00	Simulation based learning	Role modelling
11:00 - 12:00	Evidence based medicine	Video Reflection
12:00 - 01:00		
01:00 – 02:00	<b>LUNCH BREAK</b>	
02.00 - 03.00	Maintaining a diary and portfolio management	Feedback of foundation course And reflective writing
03.00 - 04.00		
04.00 - 05.00		